



## WOMEN ONLY:

Pregnancies: # \_\_\_\_\_ Children # \_\_\_\_\_ Miscarriages # \_\_\_\_\_ Abortions # \_\_\_\_\_

Age at first pregnancy: \_\_\_\_\_ Still having menstrual cycles?  No  Yes If yes,  regular  irregular?

My last period was: \_\_\_\_\_ Is there a possibility you could be pregnant?  No  Yes

Last Pelvic or Pap exam? \_\_\_\_\_ Have you had spotting/bleeding between periods?  No  Yes

Vaginal bleeding, pain or discharge?  No  Yes Age at first period? \_\_\_\_\_ Age at menopause? \_\_\_\_\_

Hormone replacement therapy?  No  Yes If yes, how long? \_\_\_\_\_ Last Mammogram? \_\_\_\_\_

## FAMILY HISTORY

My father is: alive at age \_\_\_\_\_ dead at age \_\_\_\_\_ Cause of death: \_\_\_\_\_

His health problems include: \_\_\_\_\_

He was born or lived in (check all that apply)  Eastern Europe,  Asia,  Africa

My mother is: alive at age \_\_\_\_\_ dead at age \_\_\_\_\_ Cause of death: \_\_\_\_\_

Her health problems include: \_\_\_\_\_

She was born or lived in (check all that apply)  Eastern Europe,  Asia,  Africa

I was born or lived in (check all that apply)  Eastern Europe,  Asia,  Africa

I have/had \_\_\_\_\_ brothers: # still living \_\_\_\_\_ # deceased \_\_\_\_\_

I have/had \_\_\_\_\_ sisters: # still living \_\_\_\_\_ # deceased \_\_\_\_\_

I have/had Children: # Daughters \_\_\_\_\_ # Sons \_\_\_\_\_ # still living \_\_\_\_\_ # deceased \_\_\_\_\_

Health problems, especially cancer, that run in the family: \_\_\_\_\_

## SOCIAL HISTORY

### Employment:

I currently  do not work  work as: \_\_\_\_\_

I previously  did not work  work as: \_\_\_\_\_

Does/did your work expose you to chemicals?  No  Yes If yes, specify: \_\_\_\_\_

**Current Living Arrangements:** City of residence: \_\_\_\_\_

Live alone  With spouse/significant other  With family  With a friend(s)  Other \_\_\_\_\_

**Do you have concerns you would like to discuss concerning:**

Transportation  Homecare assistance  Healthcare expense  Support groups or counseling

## HABITS

### Tobacco

Do you currently use tobacco?  No  Yes Packs per day: \_\_\_\_\_

Have you used it in the past?  No  Yes How long? \_\_\_\_\_ years

If yes, please describe  cigarettes  cigars  chewing tobacco

If stopped, when? \_\_\_\_\_ Are you interested in a tobacco cessation program?  No  Yes

**Alcohol:** Do you drink alcohol?  No  Yes If yes, number of drinks: \_\_\_\_\_ per  day/ week/ month

**Caffeine:** Do you use products containing caffeine?  No  Yes Amount per day \_\_\_\_\_

**Drug exposure:** I have used "recreational" drugs in the past/currently  No  Yes

I have a history of intravenous (IV) drug use  No  Yes

**Exercise:** Do you exercise?  regularly  seldom  never

What type: \_\_\_\_\_

**MEDICATIONS: (attach list if more room needed)**

Drug	Dose	Frequency	Drug	Dose	Frequency
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Do you use health food supplements?       No    Yes  
 Please list: \_\_\_\_\_  
 \_\_\_\_\_

**Are you allergic to any medications, foods or tape?       No    Yes   If yes, list below**

<u>Medication, Food, Tape</u>	<u>Reaction:</u>	<u>Medication, Food, Tape</u>	<u>Reaction:</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**REVIEW of SYSTEMS**

**Do you currently have any of the following:**

<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Autoimmune:</b> Lupus , fibromyalgia or scleroderma; other: _____
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Constitutional:</b> Weight loss, night sweats, fevers, loss of appetite, fatigue or other problems
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Eye, Ear, Nose, Throat:</b> Glaucoma, cataracts, double vision, blurred vision, wear contacts, lens implant(s) or artificial eye, hoarseness, dentures, ear pain, sore throat, painful swallowing, difficulty swallowing
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Heart:</b> Chest pain, angina, heart attack, heart failure, irregular heartbeats, pacemaker, ankle swelling, nighttime shortness of breath, racing heart
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Vascular:</b> Blood clots, leg cramps when walking, elevated cholesterol
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Lung:</b> Tuberculosis, coughing, coughing up blood, shortness of breath at rest or with activity
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Endocrine:</b> Thyroid disease, other: _____
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Gastrointestinal:</b> Cirrhosis, ulcers, hiatal hernia, intestinal bleeding, nausea, vomiting, constipation, diarrhea, diverticulitis, colitis, irritable bowel syndrome (IBS), celiac disease, GERD <input type="checkbox"/> Colonoscopy Date: _____ <input type="checkbox"/> Upper Endoscopy Date: _____
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Genitourinary:</b> Pain on urination, incontinence, blood in the urine, night time urination, frequency of daytime urination, unable to control urine or need to wear a pad
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Musculoskeletal:</b> Back problems, broken bones of neck/back/face, limited range of motion, arthritis, pain in bones, difficulty lying flat for prolonged periods, joints or muscles, scleroderma, dermatomyositis
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Skin:</b> Rash, hives, open sores
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Neurological:</b> Seizures, paralysis/numb areas, stroke, weakness, migraines, confusion, memory loss, headaches
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Psychosocial:</b> Anxiety, depression, bipolar disorder, claustrophobia, PTSD
<input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Previous Cancer:</b> _____
<b>Other:</b> _____	

*NOTES: Have you checked with your insurance company regarding pre-authorization?*

Reminder: If anything changes regarding your insurance coverage, we will need to know.